



فدراسیون دو و میدانی جمهوری اسلامی ایران  
ATHLETICS FEDERATION  
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## Iran Athletics Clubs Championships Results – Women

### *First Leg*

**7 & 8 Sep 2020**

- Mahsa Mirzatabibi broke national record in pole vault leaping 3.91m
- Fatemeh Mohitizadeh broke national junior record in heptathlon tallying 4210

Full results and standings are as follows:

#### **100m: (-1.70)**

1. Farzaneh Fasihi – Sepahan – 11.68 (CR)<sup>1</sup>
2. Hamideh Esmail Nejad – Sepahan – 12.23
3. Sanaz Ebrahimipour – Azad University – 12.51
4. Farnoush Aghaee – Persian Gulf Polymer – 12.63
5. Sara Nadafi – Azad University – 12.69
6. Delnia Bigomjani – Persian Gulf Polymer – 12.70
7. Zakieh Mardani – Tehran – 13.03
8. Shilan Gholami – Selector – 13.17

#### **Pole Vault:**

1. Mahsa Mirzatabibi – Persian Gulf Polymer – 3.91m (NR)
2. Samira KordAli – Sepahan – 3.20m

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<sup>1</sup> CR indicates Clubs' Record.



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**200m: (-2.90)**

1. Farzaneh Fasihi – Sepahan – 24.95
2. Elham Kakoli – Azad University – 25.58
3. Hamideh Esmael Nejad – Sepahan – 26.02
4. Farnoush Aghae – Persian Gulf Polymer – 26.12
5. Negin Edalat – Tehran – 27.19
6. Zakieh Mardani – Tehran – 27.53
7. Mahtab Kiani – Selector – 27.65
8. Farahnaz Foroughi – Isafan – 27.66

**100m Hurdles: (Wind: -1.5)**

1. Sara Nadafi – Azad University – 14.69
2. Faezeh Ashourpour – Sepahan – 14.80
3. Pardis Abdolmohammadi – Azad University – 15.64
4. Narges Rastegar – Tehran – 15.79

**High Jump:**

1. Aylin Babaki – Azad University – 1.75m
2. Mahsa Karegar – Sepahan – 1.68m
3. Mina Hosseini – Selector – 1.68m
4. Mahdieh Zaeimi – Azad University – 1.68m



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### **Shot Put:**

1. Sepideh Tavakoly Nik – Azad University – 12.21m
2. Sana Dadras – Azad University – 11.71m
3. Mobina Taherkhani – Persian Gulf Polymer – 11.51m
4. Fatima Zahra Ghorbanian – North Khorasan Province – 11.37m
5. Jaleh Kardan – Sepahan – 11.30m
6. Melina Rezaee Malek – Selector – 11.05m
7. Elham Hashemi – Sepahan – 10.48m
8. Hadis Ghasisin – Selector – 9.04m

### **Javelin Throw:**

1. Sahar Ziaee – Sepahan – 42.50m
2. Saba Azimi – Persian Gulf Polymer – 35.84m
3. Sepideh Tavakoly Nik – Azad University – 31.06m
4. Anis Haghshenas – Hormozgan – 27.53m
5. Sana Dadras – Azad University – 26.01m
6. Mahsa Sarbazi – Selector – 24.27m
7. Zahra Asadollahi – Kohgiluyeh and Boyer-Ahmad – 22.43m
8. Niayesh Mosadeghi – Tehran – 21.74m



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### **10km Race Walk:**

1. Zahra Jafar Abadi – Azad University – 56:23.10
2. Zeynab Ahadi – Sepahan – 56:31.40
3. Mohadeseh Oladi – Tehran – 1:03.50
4. Mahsa Farmahini – Selector – 1:04.20
5. Sima Harati – Tehran – 1:08.50
6. Maliheh Bakhti – 1:09.40
7. Fatemeh Zahra Ghale Noie – Persian Gulf Polymer – 1:10.10

### **800m:**

1. Toktam Dastarbandan – Persian Gulf Polymer – 2:15.76
2. Maryam Mahmoudi – Sepahan – 2:16.79
3. Hadiseh Raouf – Persian Gulf Polymer – 2:19.13
4. Hanieh Samari – Azad University – 2:19.55
5. Sepideh Saremi – Selector – 2:21.67
6. Negin Valipour – Sepahan – 2:22.80
7. Sajedeh Fani – Tehran – 2:25.42
8. Sajedeh Mogoee – Isfahan – 2:33.81

### **Hammer Throw:**

1. Zahra Arab Rostami – Persian Gulf Polymer – 55.17m (CR)
2. Reyhaneh Arani – Sepahan – 54.35m
3. Bita Fekri – Azad University – 48.65m
4. Mahdieh Hekmatsara – Azad University – 46.59m
5. Melika Norouzi – Tehran – 43.33m
6. Mahdis Minaiepour – The Deaf Team – 37.41



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#### **400m:**

1. Kazhan Rostami – Sepahan – 56.61
2. Maryam Mohebi – Azad University – 57.26
3. Zahra Moradi – Persian Gulf Polymer – 57.45
4. Elham Kakoli – Azad University – 59.14
5. Negin Valipour – Sepahan – 1:00.39
6. Marzieh Kamareh – Hormozgan – 1:01.48
7. Negin Edalat – Tehran – 1:01.54
8. Hajar Safarzadeh – North Khorasan Province – 1:02.03

#### **10000m:**

1. Parisa Arab – Azad University - 40:08.56
2. Parichehr Shahi – Azad University – 41:51.30
3. Atefeh Azimi – Selector – 41:58.25
4. Fatemeh Mirian – Sepahan – 42:11.21
5. Fatemeh Ebrahim Mohammadi – Sepahan – 45:06.41
6. Fatemeh Sereshti – Tehran – 47:14.54
7. Zeynab Aghahassan Noush – Selector – 48:59.98
8. Yalda Kalhor – Persian Gulf Polymer – 61:26.79

#### **4x100m relay:**

1. Sepahan – 48.55
2. Azad University – 49.00
3. Tehran – 51.80
4. Persian Gulf Polymer – 52.47



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### 5000m:

1. Parisa Arab – Azad University – 17:32.63 (CR)
2. Atefeh Azimi – Selector – 19:27.20
3. Fatemeh Mirian – Sepahan – 19:37.70
4. Fatemeh Ebrahim Mohammadi – Sepahan – 19:54.40
5. Samira Khodatars – Persian Gulf Polymer – 20:18.80
6. Fatemeh Sima Shadkam – Persian Gulf Polymer – 20:46.99
7. Elahe Sinkaie – Tehran – 21:00.82
8. Shokouh Tayareh – North Khorasan – 21:14.86

### Long Jump:

1. Reyhaneh Mobini – Persian Gulf Polymer – 6.08m (CR) - (*Wind: +1.4*)
2. Kimia Pourkhalkhali – Tehran – 5.45m (*Wind: +0.2*)
3. Elaheh Rahimifar – Azad University – 5.34m (*Wind: +0.4*)
4. Mahdiyeh Zaeimi – Azad University – 5.31m (*Wind: +0.5*)
5. Zahra Paryad – Tehran – 5.29m (*Wind: +2.1*)
6. MaryamSadat Asghari – South Khorasan Province – 5.19m (*Wind: +1.5*)
7. Sarina Saedi – Persian Gulf Polymer – 5.11m (*Wind: +1.3*)
8. Yeganeh MirHosseini – Sepahan – 5.07m (*Wind: +0.8*)



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#### **4x400m relay:**

1. Persian Gulf Polymer – 3:54.09
2. Sepahan – 3:55.11
3. Azad University – 4:14.56
4. Selector – 4:16.03
5. Tehran – 4:21.75

#### **400m Hurdles:**

1. Kazhan Rostami – Sepahan – 1:02.98
2. Zahra Moradi – Persian Gulf Polymer – 1:04.28
3. Shahla Mahmoudi – Sepahan – 1:04.32
4. Elaheh Seifi – Azad University – 1:06.43
5. Narges Rastegar – Tehran - 1:07.13
6. Shiva Shirvani – Isfahan – 1:15.42
7. Leyla Khedri – Qom – 1:18.97
8. Samira Moghadam – The Deaf Team – 1:21.19

#### **Discus Throw:**

1. Jaleh Kardan – Sepahan – 47.00m
2. Fatemeh Zahra Ghorbanian – North Khorasan – 40.86m
3. Elham Samarghandian – Azad University – 39.51m
4. Fazeleh Yousefi – Persian Gulf Polymer – 28.64m
5. Elham Hashemi – Sepahan – 27.65m
6. Anis Haghshenas – Hormozgan – 25.51m
7. Zohreh Dadkhah – Isfahan – 25.33m



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### 1500m:

1. Maryam Mahmoudi – Sepahan – 4:41.63
2. Toktam Dastarbandan – Persian Gulf Polymer – 4:42.80
3. Fatemeh Nasr – Sepahan – 4:46.91
4. Parichehr Shahi – Azad University – 4:49.93
5. Hadiseh Raouf – Persian Gulf Polymer – 4:54.01
6. Boshra Ramouz – Tehran – 5:06.15
7. Sepideh Saremi – Selector – 5:25.16
8. Setayesh Yazdani – North Khorasan – 5:42.89

### Triple Jump:

1. Hadis Ahmadi – Sepahan – 12.53m (*Wind: +0.9*)
2. Sarina Saedi – Persian Gulf Polymer – 12.03m (*Wind: +0.7*)
3. Maryam Kazemi – Sepahan – 12.01m (*Wind: +0.4*)
4. Pardis Abdolmohammadi – Azad University – 11.82m (*Wind: +0.5*)
5. Zahra Paryad – Tehran – 11.14m (*Wind: +1.5*)
6. Elaheh Seifi – Azad University – 10.01m (*Wind: +0.9*)
7. Mahsa Bazgir – Persian Gulf Polymer – 9.31m (*Wind: 0.0*)

### 3000m Steeplechase:

1. Fatemeh Nasr – Sepahan – 11:49.31
2. Samira Khodatars – Persian Gulf Polymer – 12:00.55
3. Fatemeh Sima Shadkam – Persian Gulf Polymer – 12:07.34
4. Elaheh Sinkaie – Tehran – 12:54.59
5. Bahareh Jahantigh – Sistan Balouchestan – 13:10.76
6. Zahra Shafiee – Azad University – 14:01.93





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### **Heptathlon:**

1. Fatemeh Mohitizadeh – Persian Gulf Polymer - *Tally:* 4210 (NJR)
2. Faezeh Tabatabaee – Sepahan – *Tally:* 4127
3. Elnaz Mousaee- Azad University – *Tally:* 3392
4. Mahdiyeh Sharifian – Isfahan – *Tally:* 2253
5. Monireh Salimi – North Khorasan – *Tally:* 2026
6. Niki Kazemi – The Deaf Team – *Tally:* 779

### **Tally and Team Standings:**

1. Sepahan – 243
2. Azad University – 214
3. Persian Gulf Polymer – 170
4. Tehran - 76
5. Selector – 48
6. North Khorasan – 22
7. Isfahan – 15
8. Hormozgan - 11